

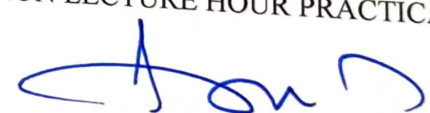
OFFICE OF THE PRINCIPAL
GOVERNMENT AYURVEDIC MEDICAL COLLEGE AKHNOOR, JAMMU
 Office & Fax No. 01924-295960, Email. gamcjammu2017@gmail.com

GOVT. AYURVEDIC MEDICAL COLLEGE AKHNOOR
 TIME TABLE FOR BAMS 3RD PROF. (BATCH 2021)

DAY	10:00 AM – 11:30	11:30 – 12:30 PM	12:30 PM – 01:30 PM	1:30 – 02:00	02:00 PM – 03:00 PM	03:00 PM – 04:00 PM	04:00 PM – 04:30
MON	CLINICAL / NLHP PRASUTI TANTRA & STRI ROG / KAUMARBHRITYA GROUP A / GROUP B	SAMHITA ADHYAYAN III (LH/NLHT) Dr. Anupama	SHALYA (LH/NLHT) Dr. Sukrant	LUNCH BREAK	KAYACHIKITSA (LH/NLHT) Dr. Twinkle	KAUMARBHRITYA (LH/NLHT) Dr. Sneha	MENTOR
TUE	PRASUTI TANTRA & STRI ROG / KAUMARBHRITYA GROUP B / GROUP A	SAMHITA ADHYAYAN III (LH/NLHT) Dr. Sheetal	SHALYA (LH/NLHT) Dr. Aman/ Dr. Sunkashi	LUNCH BREAK	KAYACHIKITSA (LH/NLHT) Dr. Anil	KAUMARBHRITYA (LH/NLHT) Dr. Sudheer	LIBRARY
WED	KAYACHIKITSA / PANCHKARMA GROUP A / GROUP B	SHALAKYA TANTRA (LH/NLHT) Dr. Amandeep	SHALYA (LH/NLHT) Dr. Vishal	LUNCH BREAK	KAYACHIKITSA (LH/NLHT) Dr. Tanvi	KAUMARBHRITYA (LH/NLHT) Dr. Narinder	PHYSICAL EDUCATIO N
THU	KAYACHIKITSA / PANCHKARMA GROUP B / GROUP A	SHALAKYA TANTRA (LH/NLHT) Dr. Ankush	SHALYA (LH/NLHT) Dr. Sudesh	LUNCH BREAK	PANCHKARMA (LH/NLHT) Dr. Shailej	PRASUTI & STRIROG (LH/NLHT) Dr. Sheetal	YOGA CLASS
FRI	SHALYA TANTRA / SHALAKYA TANTRA GROUP A / GROUP B	SHALAKYA TANTRA (LH/NLHT) Dr. Amandeep	KAYACHIKITSA (LH/NLHT) Dr. Poonam	LUNCH BREAK	PANCHKARMA (LH/NLHT) Dr. Sahil	PRASUTI & STRIROG (LH/NLHT) Dr. Swati	LIBRARY
SAT	SHALYA TANTRA / SHALAKYA TANTRA GROUP B / GROUP A	RESEARCH METHODOLOG Y Dr. Ankita	KAYACHIKITSA (LH/NLHT) Dr. Poonam	LUNCH BREAK	PANCHKARMA (LH/NLHT) Dr. Rishu	PRASUTI & STRIROG (LH/NLHT) Dr. Swati	RECREATIO N

NOTE:

1. LH – LECTURE HOUR, NLHT – NON LECTURE HOUR THEORY, NLHP – NON LECTURE HOUR PRACTICAL
2. GROUP A – ROLL NO. 1- 32, GROUP B – ROLL NO. 33 – 63


Principal,
Govt. Ayurvedic Medical College Akhnoor.

No: GAMC/PS/541-46

Copy to the:-

1. Medical Superintendent, Govt. Ayurvedic Medical College Hospital Akhnoor.
2. Administrative Officer, Govt. Ayurvedic Medical College Akhnoor.
3. Accounts Officer, Govt. Ayurvedic Medical College Akhnoor
4. All _____ Departments, Govt Ayurvedic Medical College Akhnoor.
5. College Notice Board.
6. Office copy.

Dated: 04-05-2025.